

A photograph of five swimmers in a pool. One swimmer in the center is wearing a blue shirt and has both arms raised in celebration. To their left, another swimmer is also celebrating with one arm raised. In the foreground, three other swimmers are looking towards the camera. The background shows a swimming pool with lane lines and spectators in the stands. The text 'OMEGA' is visible on the pool deck.

AP Race
**WINCHESTER
MASTERS
GRAND PRIX**
21 - 22 JUNE 2025

Better Than Yesterday



Dear Athlete,

We are so excited to welcome you to our third Masters Grand Prix! This event has been over 12 months in the planning and has been built from the ground up to provide the best possible racing experience for the Masters Community. With a fantastic competition pool, constant warm up and swim down facilities, and a high level of professional production, we believe we are creating a unique racing opportunity. We believe there is no other meet like this in the UK for Masters, that prioritises experience for every single swimmer attending!

AP Race was founded with the goal to provide the most exciting experiences possible within the swimming community, to launch innovative projects, and most importantly to support as many swimmers, coaches, parents and clubs as possible. By attending this event you are part of this dream and this vision.

We wish you the very best of luck, and look forward to seeing you in Winchester.

Best wishes,
AP Race Events

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1) Introduction

Our approach with every project we undertake is *how can this be better for the end user*, in this case the masters swimmer. Through using our booking partner, Swimming Events, all your details will be stored in one place, so once you are set up with them, all future entries will be through the same portal. Following this, once you have entered the Grand Prix you will be sent one link- the Grand Prix Event Hub. This link will contain everything as we move towards the meet, from your confirmation pack, to the event photos following the event and much more.

2) The Venue

Winchester Sport and Leisure Park, Hampshire, Bar End Rd, Winchester, SO23 9NR.

3) Key Dates

Individual and relay entries open on Saturday 7th December 2024 at 6pm.

All entries close on **Sunday 14th June 2025** at midnight.

As the meet is first-come-first serve, the Meet Promoters may close entries prior to this date.

4) Key Contacts

To contact the event team, please email events@aprace.club

To contact the venue, please find their information here - www.everyoneactive.com/centre/winchester-sport-leisure-park/

5) Age Groups

For individual age groups, there will be an 18-24-year-old age band, then 25-29 years and in 5-year age bands as high as is necessary.

For relay age groups, there will be a 72+ age group, 100-119 years and then increments of 40 years as high as necessary.

6) Medals

Medals will be awarded for the top three finishing Open/Males and top three finishing Females in each event, medals will also be awarded to the top three finishes in each relay. Medals must be collected at the event. Printouts of results will be posted within the venue as soon as they are available.



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7) Schedule

Please note, all individual events and relay events will be Heat Declared Winner (HDW).



**AP RACE
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SESSION ONE

21 JUNE 2025

WARM UP TIME: 1:30 PM

START TIME: 2:15 PM

101	Open / Male 19 Yrs / Over 4x200m Freestyle Relay
102	Female 19 Yrs / Over 4x200m Freestyle Relay
103	Open / Male 19 Yrs / Over 4x50m Medley Relay
104	Female 19 Yrs / Over 4x50m Medley Relay
105	Mixed 19 Yrs / Over 400m Freestyle
106	Mixed 19 Yrs / Over 50m Butterfly
107	Mixed 19 Yrs / Over 200m Breaststroke
108	Mixed 19 Yrs / Over 100m Backstroke

SESSION TWO

21 JUNE 2025

WARM UP TIME: 5:00 PM

START TIME: 5:30 PM

201	Open / Male 19 Yrs / Over 4x100m Medley Relay
202	Female 19 Yrs / Over 4x100m Medley Relay
203	Mixed 19 Yrs / Over 4x100m Freestyle Relay
204	Mixed 19 Yrs / Over 4x50m Medley Relay
205	Mixed 19 Yrs / Over 200m Butterfly
206	Mixed 19 Yrs / Over 100m Freestyle
207	Mixed 19 Yrs / Over 200m Individual Medley
208	Mixed 19 Yrs / Over 50m Breaststroke

SESSION THREE

22 JUNE 2025

WARM UP TIME: 9:00 AM

START TIME: 9:45 AM

301	Mixed 19 Yrs / Over 4x100m Medley Relay
302	Mixed 19 Yrs / Over 4x200m Freestyle Relay
303	Open / Male 19 Yrs / Over 4x50m Freestyle Relay
304	Female 19 Yrs / Over 4x50m Freestyle Relay
305	Mixed 19 Yrs / Over 200m Freestyle
306	Mixed 19 Yrs / Over 100m Breaststroke
307	Mixed 19 Yrs / Over 50m Backstroke
308	Mixed 19 Yrs / Over 400m Individual Medley

SESSION FOUR

22 JUNE 2025

WARM UP TIME: 12:00 PM

START TIME: 12:30 PM

401	Mixed 19 Yrs / Over 100m Butterfly
402	Mixed 19 Yrs / Over 200m Backstroke
403	Mixed 19 Yrs / Over 50m Freestyle
404	Mixed 19 Yrs / Over 100m Individual Medley
405	Female 19 Yrs / Over 4x100m Freestyle Relay
406	Open / Male 19 Yrs / Over 4x100m Freestyle Relay
407	Mixed 19 Yrs / Over 4x50m Freestyle Relay

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8) Warm Up and Swim Down

There will be allocated warm up time available in the competition pool, which are shown on the competition schedule above. There will be a dedicated 8x25m warm up pool available during competition times.

9) Heat sheets

These will be available online and displayed within the venue in time for the start of warm up.

10) Entering Individual Events

All attending swimmers must be registered with Swimming Events, our booking partner. To register for a Swimming Events account please follow the steps below:

1. Sign up for a profile at Swimming Events here - <https://swimming.events/>
2. Activate your account via email.
3. Enter your profile and 'add swimmer' (for masters, this will be adding yourself as the swimmer)
4. Head to the following link once your registration is complete and you will be able to enter the event once entries open.
5. <https://swimming.events/meets/439>

11) Entering Relay Events

To enter a relay team, all swimmers must be registered with Swimming Events, our booking partner. To register for a Swimming Events account please follow the steps below:

1. Sign up for a profile at Swimming Events here - <https://swimming.events/>
2. Activate your account via email.
3. Enter your profile and 'add swimmer' (for masters, this will be adding yourself as the swimmer)
4. Head to the following link once your registration is complete and you will be able to enter the event once entries open.
5. <https://swimming.events/meets/439>

12) Entry Fees

Individual entries will be charged at £12.50 per 50m race and £15 for all other individual events. Relay entries will be charged at £25 per team. Each swimmer entering is subject to a £2.50 booking fee charged by our entry system partner which is non-refundable. All entrants will receive an AP Race athlete accreditation on arrival.

13) Entry Confirmation

You will receive a confirmation email with your entries that have been submitted. A confirmation pack will be shared within the Grand Prix Event Hub closer to the event.

14) Results

There will be a live results link shared with competitors in advance of the event via the confirmation pack, which will be released on the Grand Prix Event Hub once entries have closed. All results for both individual and relay events will be based off heat declared winners.

15) Withdrawals:

- Notification may be completed via the Swimming Events application in your profile.
- This can be done no later than 6pm the night before your race is due to take place.
- All withdrawals must be done through the Swimming Events Application.
- Swimmers who fail to withdraw in the prescribed manner shall be removed from that day's remaining events in which they have been entered.
- Refunds for withdrawal after the closing date will be provided in only exceptional circumstances. These requests will be dealt with on a case-by-case basis and should be emailed to events@aprace.club. NOT Swimming Events.

16) Health Declaration

Please read the following information carefully:

- I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in the AP Race Masters Grand Prix ("The Event"). Accordingly, I declare that I am physically fit and well to participate in The Event.

- I am aware of and appreciate the inherent risks involved in such training and competition including the possibility of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- I confirm that at all times during The Event I will use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
- I confirm that at all times I will take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have with regards to safety.
- I hereby agree to abide by and be governed by the rules and regulations of Swim England and The Event conditions.

Submission of an entry will confirm that you have read and understood the above provisions and agree to abide by them.

17) Able Bodied Conditions

- The Meet shall be open to all eligible swimmers who are members of Clubs affiliated to the Swim England, Swim Wales or Swim Scotland and are registered as "Club Compete" swimmers. Entries will also be accepted by foreign competitors who are members of a club (and therefore a federation) affiliated to World Aquatics.
- A competitor must be a registered member, or equivalent, of the club in whose name they are entered, at the date of entry. Clubs in England, Wales or Scotland must be affiliated to Swim England, Swim Wales or Scottish Swimming.
- The swimmers age for competition shall be that as 31st December 2025.
- All swimmers must be aged 18+ on the day of competition.
- Improved times following entry will not be accepted.
- Genuine errors in submission will be rectified by the Meet Promoters upon request and swims reinstated.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

18) Para-Swimming Conditions

- The general conditions for The Event shall apply to Para-Swimming competitors. The entry system remains the same and the submission of classification can also be done via the <https://swimming.events/meets/439> application.
- The competition format will be based on para inclusion within the able-bodied programme, i.e. there will be no separate events for swimmers with impairments.
- It is the responsibility of the competitor or competitor's representative to ensure that the entry is correctly completed for their disability.
- All swimmers will be seeded in the heats according to their entry times.
- Para-swimmers will be included within the results for their age group.

19) Swimwear

Swimmers are reminded that to be eligible for breaking a British, European or World Masters record their swimwear must be compliant with World Aquatics requirements.

20) Privacy Policy and Photography Consent

Entrants agree that their images may be recorded, stored, used, and published for the use of promotion by AP Race and any approved rights-holding third party media body, of which AP Race gives agreement. This also extends to official photography within the venue.

21) Officials and Volunteers

For individuals who are looking to join the AP Race team to support the running of the event as an official or volunteer, please get in touch with our events team on events@aprace.club

22) Data Protection

A. Entries and results will be managed via computer and available via the Internet. By submitting entries, consent is thereby given to the holding of personal information on a computer. Personal data, including submitted and recorded times will be available during the meet.

- B. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of person information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet.
- C. A full copy of the results will be published on the website after the meet. Please be aware that links from our website (apace.club) may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data, they will need to make a written request to the Promotor. We will only hold competition data for 12 months after which it will be destroyed.

23) Additional Participant Information

- Attendee Information for the event will be shared on the Grand Prix Event Hub in due course.
- There will be a dry land warm up area available within the venue.
- There will be special hotel rates available through Premier Inn, the details of which will be shared on the Grand Prix Event Hub.
- Parking information is available and details will be provided in the event confirmation pack.

Travel information:

- *Rail* – There is a local train station (Winchester) 1.5 mile from the venue.
- *Air* – Southampton Airport is approximately 15 minutes from the venue.

If there is any other information the AP Race team can help with or any questions you may have, please do not hesitate to contact us via events@aprace.club