



ENTRY PACK AP RACE LONDON INTERNATIONAL

EXCLUSIVELY AT THE
LONDON AQUATICS CENTRE

24 - 26 MAY 2025

AP RACE LONDON INTERNATIONAL 2025

Exclusively at the London Aquatics Centre

YOU ARE INVITED TO THE UK'S PREMIER INTERNATIONAL COMPETITION!

AP Race is delighted for the return of the AP Race London International for its third year running. 2025 is going to be bigger and better than ever as we welcome athletes from all around the world as they conduct their final preparations with the World Championships only 6 weeks away. Whether this is your first international racing exposure or you are a regular on the world stage, the AP Race London International is one of best racing opportunities, **worldwide**.



Sanctioned by AquaticsGB, this meet is recognised by World Aquatics in which A & B times can be achieved to enter the **Singapore 2025 World Aquatics Championships**.

£21,500
PRIZE MONEY POT
Split between junior & senior competitors

50m, 100m, 200m all strokes
400m, 800 & 1500m Freestyle
200m, 400m Ind. Medley

OPEN Super Finals & B Finals
Junior Finals
800/1500m HDW

2024 TESTIMONIALS



ABBIE WOOD
OLYMPIC FINALIST

"There are so many different countries here, I think this is an event the rest of the world should look to put on their calendar."



SWIMSWAM
WORLD'S LARGEST
SWIMMING NEWS OUTLET

"The AP Race London International is rapidly becoming a go-to event on the global racing calendar."



MEL MARSHALL MBE
OLYMPIC CHAMPION
SWIMMING COACH

"This meet is a **very much needed** event on the calendar, one that is a sceptical and steppingstone for swimmer to prepare for what is needed beyond the realms of domestic competitions."



ANGHARAD EVANS
BRITISH RECORD HOLDER

"They've really hyped it up, the Olympic Trials was such a good meet, but they have matched it if not **made it better**."

CONFIRMED

BIGGEST EVER UK SWIMMING PRIZE MONEY POT

WORLD AQUATICS & INDUSTRY LEADING EXPERTS PRODUCING THE EVENT

HOSTED BY WORLD AQUATICS' OFFICIAL HOST, JOHN MASON

ATHLETE & SPECTATOR FOCUSED DELIVERY

THOUSANDS OF TICKETS ALREADY SOLD

ENTRIES

- As an international open, entries will be restricted to the fastest entrants in each event
- Entry times must have been achieved since 26th May 2024
- Entries are £16.50 per race in the normal entry period. Coaches' Passes are £20 per day, or £50 for the 3 days
- Juniors are determined as per World Aquatics Junior upper age of 18 (athletes born 2007 or later)
- A guaranteed number of Junior entries will be accepted per event (as below) which supersedes the open ranking
- To meet the required session timings, the entry cut off for each event will be as follows:

HOW TO ENTER:
 HEAD TO WWW.SWIMMING.EVENTS
 SELECT AP RACE LONDON INTERNATIONAL
 ENTRIES & TEAM MANAGER PASSES CAN ONLY
 BE PROCESSED ON THIS SITE

KEY DATES:
1ST MARCH – 30TH APRIL
 ENTRIES ARE OPEN
3RD MAY
 CONFIRMED ENTRIES PUBLISHED
4TH MAY ONWARDS
 LATE ENTRIES ACCEPTED IF SPACE

If the competition is oversubscribed, the Competition Director will base rejections with the aim to have each event within these parameters:

50m events = Fastest 120 entries – minimum 30 junior entries
 100m = Fastest 110 entries – minimum 30 junior entries
 200m = Fastest 90 entries – minimum 25 junior entries
 400m = Fastest 50 entries – minimum 15 junior entries
 800m = Fastest 40 entries – minimum 10 junior entries
 1500m = Fastest 20 entries – minimum 5 junior entries

ENTRY PERIOD
 1ST MARCH – 30TH APRIL

LATE ENTRIES
 4TH – 18TH MAY (£25)

CONSIDERATION TIMES

As entries are based on the fastest entrants, there are no hard qualifying times as such. Guideline Consideration Times are available here, but they are **NOT** cut-off times. Entries faster than this may be rejected depending on the amount of entries.

Only 50m long course times are accepted.

Para-Swimming athletes will be accepted but would need to meet the open criteria.

Should the meet not be full after the closing date, we will offer first-come-first-served late entries until each event is full.

Heats will be seeded by submitted times and cyclically seeded.

Events	Men's	Women's
50 Freestyle	30.0	31.0
100 Freestyle	1.03.0	1.05.0
200 Freestyle	2.12.0	2.18.0
400 Freestyle	4.50.0	5.00.0
800 Freestyle	9.35.0	9.50.0
1500 Freestyle	17.30.0	18.30.0
50 Backstroke	33.0	34.0
100 Backstroke	1.07.0	1.09.0
200 Backstroke	2.25.0	2.36.0
50 Breaststroke	36.0	37.0
100 Breaststroke	1.18.0	1.23.0
200 Breaststroke	2.45.0	2.56.0
50 Butterfly	33.0	34.0
100 Butterfly	1.07.0	1.09.0
200 Butterfly	2.25.0	2.35.0
200 Individual Medley	2.28.0	2.40.0
400 Individual Medley	5.05.0	5.28.0

SATURDAY 24TH MAY 2025

9:30 HEATS

WOMEN'S 400M FREESTYLE
 MEN'S 100M BUTTERFLY
 WOMEN'S 50M BACKSTROKE
 MEN'S 400M INDIVIDUAL MEDLEY
 WOMEN'S 200M BREASTSTROKE
 MEN'S 200M BACKSTROKE
 WOMEN'S 200M BUTTERFLY
 WOMEN'S 50M FREESTYLE
 MEN'S 50M FREESTYLE
 MEN'S 100M BREASTSTROKE
 MEN'S 1500M FREESTYLE

17:00 B & JUNIOR FINALS

WOMEN'S 50M FREESTYLE
 MEN'S 200M BACKSTROKE
 WOMEN'S 200M BUTTERFLY
 MEN'S 400M INDIVIDUAL MEDLEY
 WOMEN'S 50M BACKSTROKE
 MEN'S 100M BUTTERFLY
 WOMEN'S 200M BREASTSTROKE
 MEN'S 50M FREESTYLE
 WOMEN'S 400M FREESTYLE
 MEN'S 100M BREASTSTROKE

19:00 SUPERFINALS

MEN'S 1500M FREESTYLE (FH)
 WOMEN'S 50M FREESTYLE
 MEN'S 200M BACKSTROKE
 WOMEN'S 200M BUTTERFLY
 MEN'S 400M INDIVIDUAL MEDLEY
 WOMEN'S 50M BACKSTROKE
 MEN'S 100M BUTTERFLY
 WOMEN'S 200M BREASTSTROKE
 MEN'S 50M FREESTYLE
 WOMEN'S 400M FREESTYLE
 MEN'S 100M BREASTSTROKE

SUNDAY 25TH MAY 2025

9:30 HEATS

MEN'S 400M FREESTYLE
 WOMEN'S 400M INDIVIDUAL MEDLEY
 MEN'S 50M BACKSTROKE
 WOMEN'S 200M FREESTYLE
 MEN'S 200M BUTTERFLY
 WOMEN'S 100M BACKSTROKE
 MEN'S 100M FREESTYLE
 WOMEN'S 100M BREASTSTROKE
 MEN'S 50M BREASTSTROKE
 WOMEN'S 50M BUTTERFLY
 MEN'S 200M INDIVIDUAL MEDLEY
 WOMEN'S 1500M FREESTYLE

17:00 B & JUNIOR FINALS

MEN'S 400M FREESTYLE
 WOMEN'S 400M INDIVIDUAL MEDLEY
 MEN'S 50M BACKSTROKE
 WOMEN'S 50M BUTTERFLY
 MEN'S 200M INDIVIDUAL MEDLEY
 WOMEN'S 100M BACKSTROKE
 MEN'S 50M BREASTSTROKE
 WOMEN'S 200M FREESTYLE
 MEN'S 200M BUTTERFLY
 WOMEN'S 100M BREASTSTROKE
 MEN'S 100M FREESTYLE

19:00 SUPERFINALS

MEN'S 400M FREESTYLE
 WOMEN'S 400M INDIVIDUAL MEDLEY
 MEN'S 50M BACKSTROKE
 WOMEN'S 1500M FREESTYLE (FH)
 WOMEN'S 50M BUTTERFLY
 MEN'S 200M INDIVIDUAL MEDLEY
 WOMEN'S 100M BACKSTROKE
 MEN'S 50M BREASTSTROKE
 WOMEN'S 200M FREESTYLE
 MEN'S 200M BUTTERFLY
 WOMEN'S 100M BREASTSTROKE
 MEN'S 100M FREESTYLE

MONDAY 26TH MAY 2025

9:30 HEATS

WOMEN'S 100M BUTTERFLY
 MEN'S 200M BREASTSTROKE
 WOMEN'S 200M BACKSTROKE
 MEN'S 100M BACKSTROKE
 WOMEN'S 100M FREESTYLE
 MEN'S 200M FREESTYLE
 WOMEN'S 50M BREASTSTROKE
 MEN'S 50M BUTTERFLY
 WOMEN'S 200M INDIVIDUAL MEDLEY
 WOMEN'S 800M FREESTYLE
 MEN'S 800M FREESTYLE

17:00 B & JUNIOR FINALS

WOMEN'S 100M FREESTYLE
 MEN'S 50M BUTTERFLY
 WOMEN'S 50M BREASTSTROKE
 WOMEN'S 200M BACKSTROKE
 MEN'S 100M BACKSTROKE
 WOMEN'S 100M BUTTERFLY
 MEN'S 200M BREASTSTROKE
 WOMEN'S 200M INDIVIDUAL MEDLEY
 MEN'S 200M FREESTYLE

18:30 SUPERFINALS

MEN'S 800M FREESTYLE (FH)
 WOMEN'S 100M FREESTYLE
 MEN'S 50M BUTTERFLY
 WOMEN'S 50M BREASTSTROKE
 WOMEN'S 800M FREESTYLE (FH)
 WOMEN'S 200M BACKSTROKE
 MEN'S 100M BACKSTROKE
 WOMEN'S 100M BUTTERFLY
 MEN'S 200M BREASTSTROKE
 WOMEN'S 200M INDIVIDUAL MEDLEY
 MEN'S 200M FREESTYLE

PRIZE MONEY

Prize Money will be awarded to the **Top 5 OPEN athletes** & **Junior Prize Money** will be awarded to the **Top 5 18/under**.

Both categories are according to the highest World Aquatics Points swim, regardless of gender.

OPEN AGE PRIZE MONEY

TOP PRIZE
£10,000
2ND PLACE
£5,000
3RD PLACE
£2,500
4TH PLACE
£1,500
5TH PLACE
£1,500

JUNIOR PRIZE MONEY

1ST PLACE
£500
2ND PLACE
£400
3RD PLACE
£300
4TH PLACE
£200
5TH PLACE
£100

1. General Conditions

a) AP Race Events Ltd and its appointed officials reserve full powers over the AP Race London International 2025 including but not limited to cancelling, postponing or changing the venue and/or format due to reasons beyond its reasonable control.

b) The event conditions may be revised in response to Government and Public Health England guidelines and sporting competitions, and any other operational limitations. In addition to a change in conditions, limits may need to be placed on entry numbers which could result in some swimmers achieving a qualifying time not being admitted to the meet. In the event of entries being limited and some entries being subsequently declined, entry fees will be refunded in full.

c) The Competition shall be held under World Aquatics Rules and any additional conditions (printed in the respective Meet Information).

d) Entries can be accepted from competitors registered as members of Swim England, Scottish Swimming, or Swim Wales since 24th May 2024 or competitors who are a member of a club within a Federation that is affiliated to World Aquatics. Swimmers may also compete under their Federation name if their Federation allows. Where required to do so, competitors shall present their passport for age verification by the end of the Team Leader Meeting on the day before the competition begins.

e) A competitor must be a registered member, or equivalent, of the club in whose name he/she is entered, at the date of entry. For clubs in England, Scotland and Wales, this club must be offered by the online entry system.

f) Junior competitors.

a. Maximum Junior Age Group defined by World Aquatics as 18 years (WJC);

i. competitors born 2007 or later

b. Should World Aquatics change the ages of Junior swimmers, they would also change for this event.

g) Finals - All eligible competitors for the Super Final, B-Final and Junior Final will be seeded into these respective finals (see section 4).

2. The Events

Individual events:

I. 50m, 100m, 200m, 400m, 800m and 1500m Freestyle

II. 50m, 100m, 200m Backstroke, Breaststroke, Butterfly

III. 200m, 400m Individual Medley

IIII. 4x50m Freestyle, Medley

3. Entries

a) Entries will be via an online entry system. All competitors will be required to complete the online entry documentation in full and pay the required fee in order for their entry to be processed. Full instructions will be included in the Entry Pack.

b) Entries shall open on 1st March 2025 and close at 23:59 on 30th April 2025. Accepted entries will be published on 1st May 2025. Entries may be made after this date if there is space in the programme and at the discretion of the Event Director.

c) Only times achieved in a 50m pool are accepted for entry, no converted times will be accepted.

d) Entry times for all individual events from Swim England, Scottish Swimming and Swim Wales entrants must be recorded in the British Swimming Rankings from swimming competitions designated or licensed for entry into national competitions since 25th May 2024.

e) Split Times of a relay race are not acceptable for entry. The only exception is the first leg of relay, if the time is recorded on the British/World Rankings or recognised as an individual time by an athlete's federation.

f) A competitor may only compete in the name of one club or federation at the competition.

g) Entries will aim to be capped at a pre-determined number per event to ensure the meet runs to time. Within these entries, a minimum number of spaces will be guaranteed for the Junior age group to protect and preserve Junior racing.

The summary of these conditions is as the following:

- 50m events = Fastest 120 entries – min. 30 junior entries
- 100m = Fastest 110 entries – minimum 30 junior entries
- 200m = Fastest 90 entries – minimum 25 junior entries
- 400m = Fastest 50 entries – minimum 15 junior entries
- 800m = Fastest 40 entries – minimum 10 junior entries
- 1500m = Fastest 20 entries – minimum 5 junior entries

i) Para-swimming entries will be accepted and all classes of swimmers will swim together in inclusive events and not separate events.

Para entries will be subject to the same criteria of entry and rejections as able-bodied athletes.

j) Refunds will not be given for swimmers withdrawing from the meet after the closing date or for entry errors or omissions attributable to the individual of their club. Withdrawals for medical reasons must be accompanied by appropriate certification to qualify for a refund to be determined by the Event Director.

k) Entries and results will be managed via computer and available via the internet. By submitting entries, consent is thereby given, to the holding of personal information on a computer. Personal data, including submitted and recorded times will be available during the meet.

l) Competition Management reserve the right to accept entries after the closing date on a first-come-first-served basis should there be spaces in events (numbers detailed in 3g).

m) The 4x50m Freestyle and Medley Relays will be limited to 1 heat of each (10 entries) and priority will be given to National Federations. If space allows, the Event Director may open remaining spaces to Club Teams on a first come first served basis.

4. Meet Procedure

a) All events shall have Heats and Finals except for the 800m freestyle and 1500m freestyle which will be heat declared winner.

b) Heats – will be conducted in one sessions unless entries exceed time allowance. There would then be two heats sessions (a morning session and an afternoon session). If this happens, heats would be split such as:

- a. The fastest 4 heats of each 50m, 100m, 200m & 400m events will be scheduled in the morning heats session. Remaining heats will be swum in the slower heats session.

b. The fastest heat of the 800m and 1500m freestyle will swim in the evening session (as per 4a). The slower heats will be swum in the slower heats session.

Heats will be seeded by submitted times and cyclically seeded. Changes to the above can be made by the Event Director for the purpose of efficient running of the competition.

c) There will be:

- a. A Super Final (of Open Age)
- b. A B Final (of Open Age)
- c. A Junior Final (AQUA World Junior age group, see 1f)

d) The fastest 20 competitors from the heats irrespective of age shall be allocated places in the Super Final and B Final.

e) The next fastest 10 age-eligible competitors shall be allocated places in the Junior Final. A competitor in the Junior Final may also be a reserve for the Super Final and will be moved to the Super Final as necessary.

f) Should any spaces be available in the Junior Final once all eligible athletes have either accepted or rejected their status within the final, athletes born after before the Junior age will be offered the opportunity to swim.

g) Competitors whose entries have been accepted will be expected to swim unless they have complied with the withdrawal procedures.

5. Withdrawal from Heats

a) Withdrawals must be made by the end of the Team Leader Meeting for day one swims, and by 12 noon on the day before for subsequent days.

6. Withdrawal from Finals

a) Finalists not wishing to swim shall notify the Sport Information Desk of their intention to withdraw no later than 30 minutes after the publishing of ranked finalists. The withdrawal shall be made on the official withdrawal form.

7. Call Room

a) Competitors must report to the Competition Stewards in the Call Room for heats and finals and follow their direction. It is an athlete's responsibility to report in good time for their event. Upon entry, the athlete must ensure that they report to a Steward and be registered as being present in the Call Room.

b) All competitors are required to report to the Call Room in sufficient time and be available to parade for their event. They must enter the Call Room 'race ready' and should remain in its confines until introduced to the pool deck for their race.

c) Coaches/chaperones will not be allowed in the call room area during the finals at any time, unless agreed prior by the Event Director.

8. Awards & Prize Money

a) The winner of the Super Final will be receive an award in the post-race interview.

b) Prize Money will be awarded after the last event of the meet to those achieving the highest AQUA points (men and women combined) to the sum of:

- 1st – 10,000 GBP
- 2nd – 5,000 GBP
- 3rd – 2,500 GBP
- 4th – 1,500 GBP
- 5th – 1,000 GBP

Junior Prize Money will be awarded after the last event of the meet to those achieving the highest AQUA points (men and women combined) of athletes born 2007 or later to the sum of:

- 1st – 500 GBP
- 2nd – 400 GBP
- 3rd – 300 GBP
- 4th – 200 GBP
- 5th – 100 GBP

In the event of a tie in AQUA points, the prize money of the two positions in question will be added together and divided by the amount of individuals tied. For example, a tie for 2nd place would mean 2nd and 3rd place prize money (4,000 + 2,500 GBP) is added together and shared - 3250 GBP each.

c) Prize Money will be issued directly to the athlete via electronic bank transfer, or as agreed between AP Race Events and the athlete.

9. Officials

a) Technical Officials shall be selected from lists approved by British Swimming and/or World Aquatics.

10. Doping Control

a) Competitors taking part in the Event may be subject to random doping control.

b) Competitors are required to bring with them either a passport or other form of national identity incorporating their photograph.

11. Team Leader Meeting

a) It is a requirement for a representative from all clubs and federations with competitors entered to attend the Team Leader Meeting. This will take place at 18:00 on 23rd May 2025; the location to be identified in the Confirmation Pack.

12. Image Rights

Entrants agree that their images may be recorded, stored, used and published for the sole use of promotion of the meet over AP Race Events social media channels and any approved rights-holding third party media body, of which AP Race Events Ltd gives agreement. This also extends to official photography within the venue.

13. Other

Any point not covered by these rules will be at the discretion of the Competition Director and/or AQUA Referee, depending on the matter.



AP RACE LONDON INTERNATIONAL
£1,500
RANKING: 4th PLACE

AP RACE LONDON INTERNATIONAL
£10,000
RANKING: 1st PLACE

AP RACE LONDON INTERNATIONAL
£2,500
RANKING: 3rd PLACE

AP RACE LONDON INTERNATIONAL
£2,000
RANKING: 5th PLACE

AP Better Than Yesterday



AP RACE LONDON INTERNATIONAL 2025

Exclusively at the London Aquatics Centre

CONTACT

events@aprace.club

John Bailey,
Competition Director

MESSAGE FROM AP RACE

*“When we launched the AP Race London International in 2023 it was a huge risk, we were taking a step into the unknown, running a much bigger event than we’d ever undertaken before. Just 2 years later, the progress of event is incredible and we couldn’t be more excited to welcome athletes, coaches and spectators from around the world. We want to thank everyone for their support with AP Race’s mission and we can’t wait to watch you become...
Better Than Yesterday”*

Ed Baxter,
AP Race CEO

