

EXCLUSIVELY AT THE LONDON AQUATICS CENTRE 24 - 26 MAY 2025



Dear AP Race London International Ticket Holder,

Thank you for purchasing a ticket to the third instalment of the AP Race London International, we cannot wait to welcome you to the world-famous London Aquatics Centre!

In preparation for your attendance, please read all the information carefully in this pack.

SPECTATOR OPENING TIMES

SATURDAY 24 MAY	
08:45	Spectator Entrance Door Opens
09:30	HEATS START
13:00	HEATS END (approximately)
13:15	Venue Closed to Spectators
16:30	Spectator Entrance Door Opens
17:00	B & JUNIOR FINALS START
18:30	B & Junior Finals End
18:40	Pre-show Make sure you're in your seats to get ready for the evening of Super Finals!
19:00	SUPER FINALS START
20:45	SUPER FINALS END
21:00	Venue Closed to Spectator

SUNDAY 25 MAY	
08:45	Spectator Entrance Door Opens
09:30	HEATS START
13:00	HEATS END (approximately)
13:15	Venue Closed to Spectators
16:30	Spectator Entrance Door Opens
17:00	B & JUNIOR FINALS START
18:30	B & Junior Finals End
18:45	Pre-show Make sure you're in your seats to get ready for the evening of Super Finals!
19:00	SUPER FINALS START
20:45	SUPER FINALS END
21:00	Venue Closed to Spectator

MONDAY 26 MAY		
08:45	Spectator Entrance Door Opens	
09:30	HEATS START	
13:00	HEATS END (approximately)	
13:15	Venue Closed to Spectators	
16:30	Spectator Entrance Door Opens	
17:00	B & JUNIOR FINALS START	
18:15	B & Junior Finals End	
18:20	Pre-show Make sure you're in your seats to get ready for the evening of Super Finals!	
18:30	SUPER FINALS START	
20:00	SUPER FINALS END	
20:15	Venue Closed to Spectator	



PRE-SHOW INCLUDES

Grassroots Finals – Watch young swimmers from local swimming clubs perform in a packedout arena!

Adam Peaty VS Kyle Sockwell – Adam Peaty will be going head to head with internet swimming sensation Kyle Sockwell in an exhibition race in keeping with Kyle's signature theme of "Jeans Swimming".

DJ Performance – We have brought in the Roscoe Bros to perform a live DJ set from the highest point of the venue... the 10m diving platform!

John Mason Build Up – The face of world swimming, John Mason will be previewing the evening of racing, speaking with some of your favourite swimming stars and building the energy for a fast night of racing!

If you have any questions relating to your tickets that aren't answered within this information pack, we are on hand to assist with any queries you may have by emailing us at events@aprace.club

See you soon!

Sanctioned by AquaticsGB, this meet is recognised by World Aquatics in which A & B times can be achieved to enter the Singapore 2025 World Aquatics Championships.

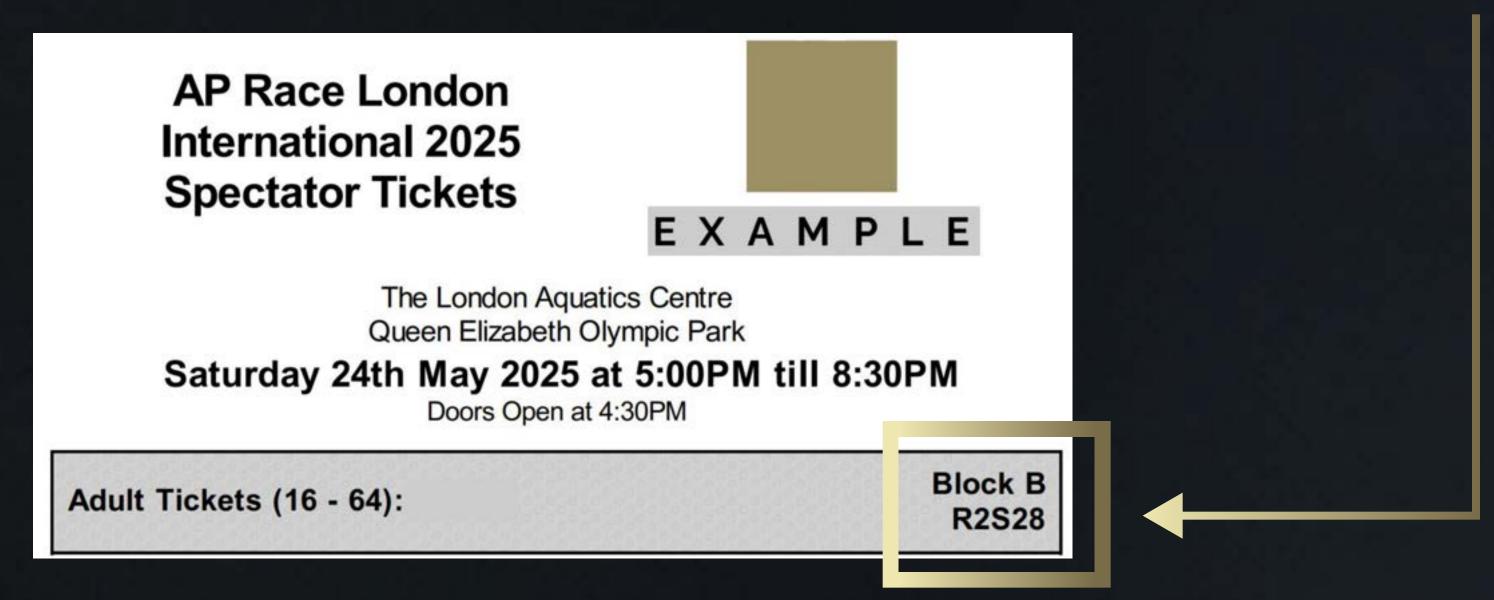




YOUR TICKET - WHAT DOES IT MEAN?

Your ticket contains your block number, row number and seat number.

The row number and seat number are combined. EXAMPLE – Block B R2S28



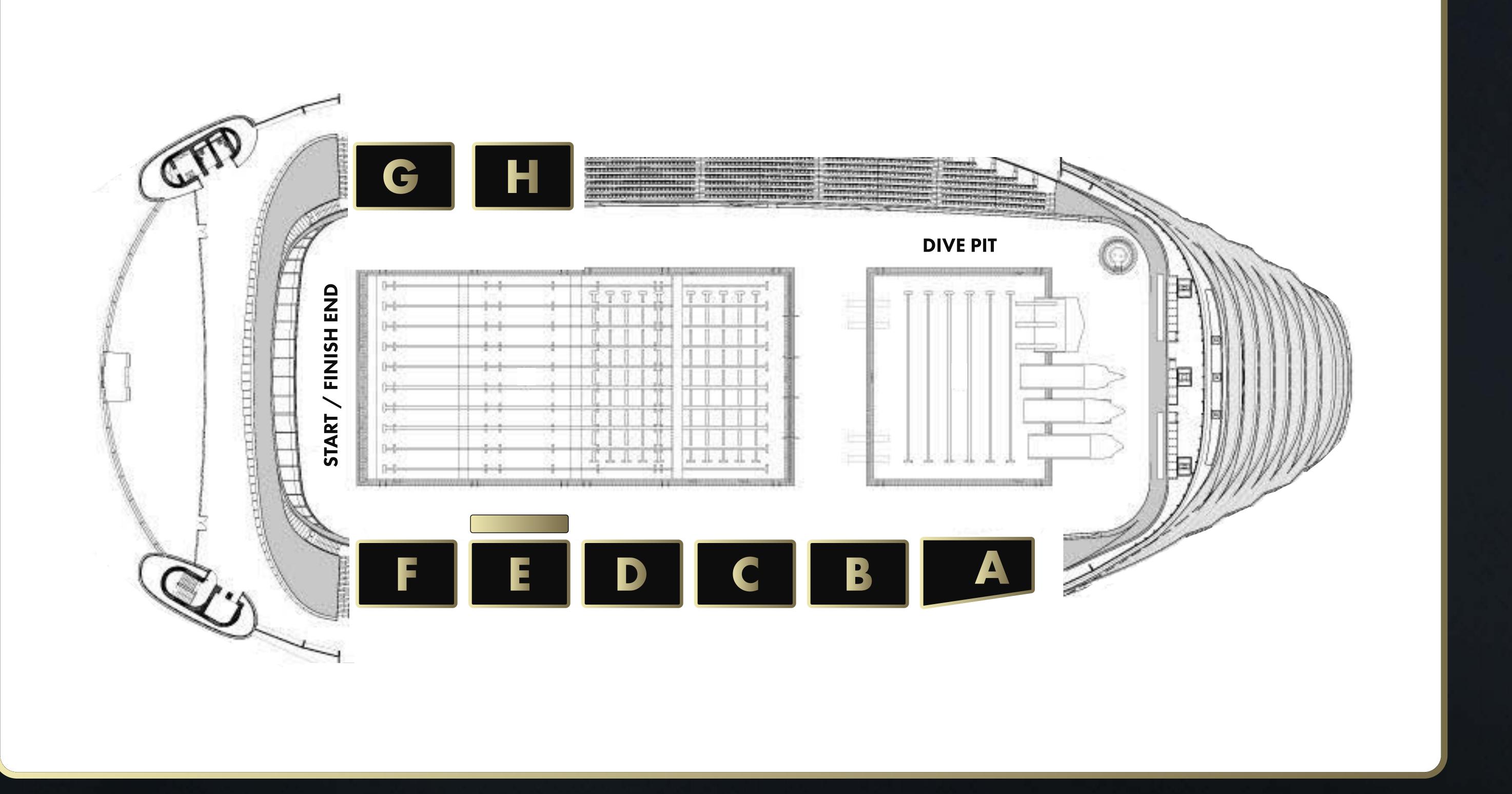
- Tickets are selling very fast and there are only a limited number of seats for sessions with some blocks
 already sold out.
 - Tickets cannot be bought on the door; they must be bought online in advance.
 - · Reminder that B Finals, Junior Finals and Super Finals are all covered within one Finals ticket
 - · All spectators MUST arrive together with the ticket holder and present your e-ticket at the door
 - Bag checks will be in place. Only handbags or equivalent size will be allowed and will be subject to a
 security check on arrival
 - Arriving without a bag will allow quicker entry
 - Food and drinks are not allowed to be brought into the venue if not bought at the London Aquatics
 Centre, except for a sealed bottle of water. Anything else will be detained at the door if brought.
 - Two catering kiosks are available inside the venue and alcoholic beverages will be on sale
 - Spectators must not enter the athlete seating areas. Athletes may enter the spectator area to visit
 parents & family, but not to sit due to allocated seating
 - We'd like to remind everybody that we encourage you to take as many pictures of this amazing experience as possible! But don't forget, images of minors under the age of 18 that are not under your direct supervision cannot be taken or shared at our events. Those not complying with the rules may be asked to leave the venue and reported.

SOME ALL-IMPORTANT DO'S AND DON'TS

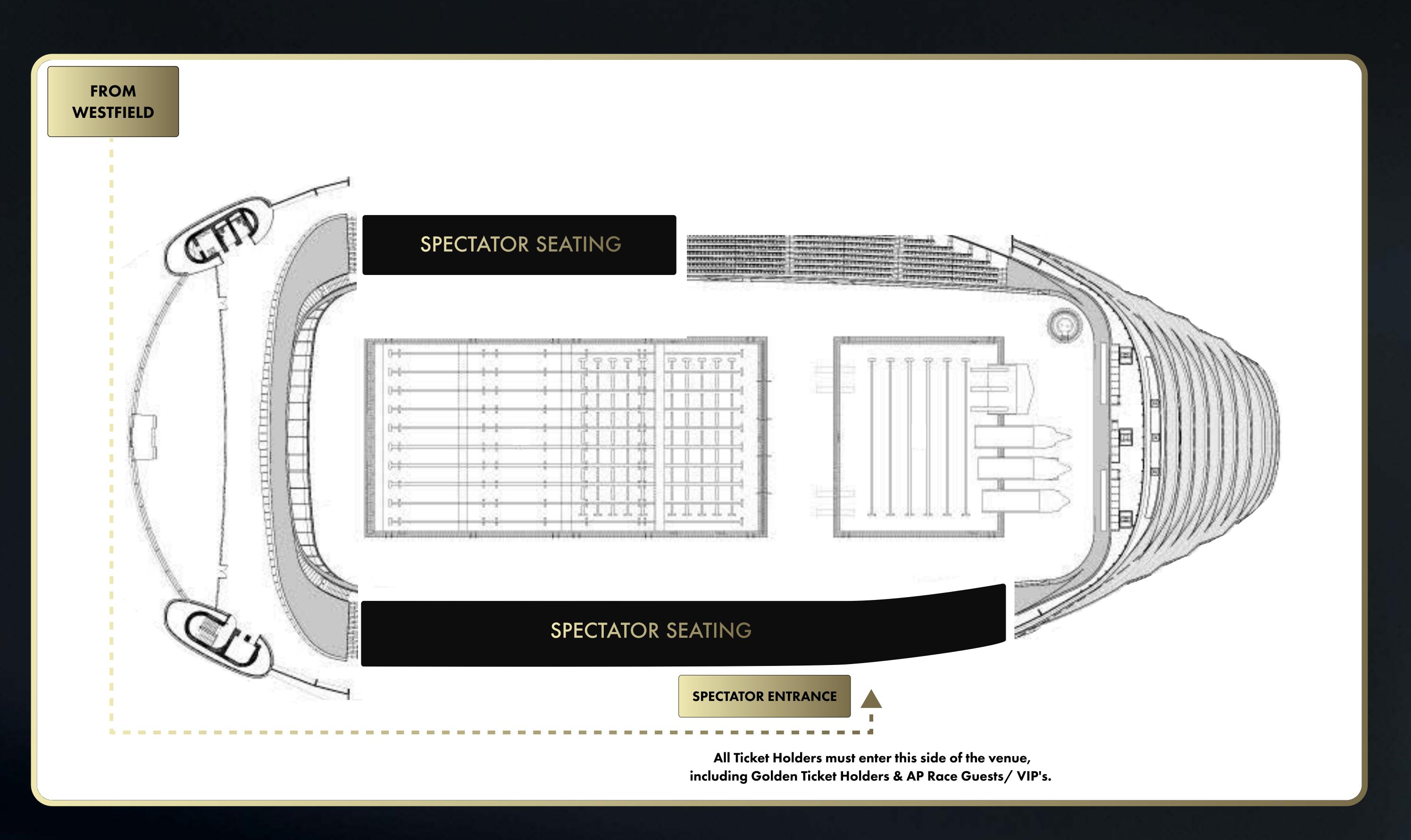
- When exiting the venue please only use the exit doors on the upper concourse.
 - Please be quiet during the starts but make as much noise during the races!
- Only flags of competing nations can be brought to the venue. Other flags may be asked to be removed.
- Dress comfortably! There may be queues outside the doors, but don't forget aquatics centres are warm places.
 - Arrive Early! Make sure you have time to go through security and ticket checks plus visit our AP Avenue stalls before taking your seat for the racing.
- We have a re- entry policy that will only be accepted if you collect a wristband as you leave from the Spectator door on the upper concourse and you have your tickets to hand for viewing.



SEATING BLOCKS



VENUE AREAS





COMPETITION HUB

For everything you need during the weekend, visit our Competition Hub. Here you can find event start lists, results, timings and key links to our merch, photos and more.



COMPETITION HUB CLICK HERE

EXCLUSIVE ADAM PEATY MASTERCLASS



We are incredibly excited to be running one exclusive AP Race Masterclass per day across the AP Race London International, at the London Aquatics Centre.

All three sessions with Adam and the team will be pool based and will be breaking down and focussing on the technical elements of the three different themes. This will allow the athletes taking part to gain as much knowledge as possible from one of the best Olympic coaches in history. These sessions are aimed at competent Club swimmers & upwards, not beginners.

Saturday 24 May - Turns
Sunday 25 May - Dives
Monday 26 May - Breaststroke Session
13:45 - Sign in
14.15 - Start of Session
15:30 - End of Pool Session followed by photos

This is your chance to be coached by a Triple Olympic Champion and the world class AP Race Team!

BOOK HERE

AP RACE AVENUE

Situated upstairs on the upper concourse, the AP Race Avenue will house stalls with merchandise, autograph programmes, raffle entries and offerings from our event partners. We encourage all our spectators to visit the AP Race Avenue!

MEDICAL

The Event organisers have arranged for a paramedic to be present should there be any athlete emergencies. There will also be two dedicated first aiders for spectators should it be required- please contact a member of the team, an official or a steward if you require medical assistance.

For the information of international visitors:

- In the case of emergency when not on site, please dial 999
- In the case of non-emergency please dial 111 (or consult Event medical teams)
 The nearest A&E department is

Homerton University Hospital, Homerton Row, London, Eg 6SR

FOOD & HOTELS

FOOD

We are delighted to announce that AP Race and Gordon Ramsay Bread Street Kitchen are partnering for the AP Race London International 2025! This partnership has been formed to add to the experience at the AP Race's flagship event so that even when the racing finishes, the experience doesn't.

This is your opportunity to dine at one of the Olympic Park's newest and most iconic restaurants with Adam Peaty and the AP Race Team. On the 24th & 25th of May, you can book a table at Bread Street Kitchen, Stratford as AP Race takes over an entire floor of the restaurant following the finals session at the AP Race London International.

To register your interest in booking a table, please click the button below (please note, tables are very limited). This truly will be an immersive experience like no other swimming competition.

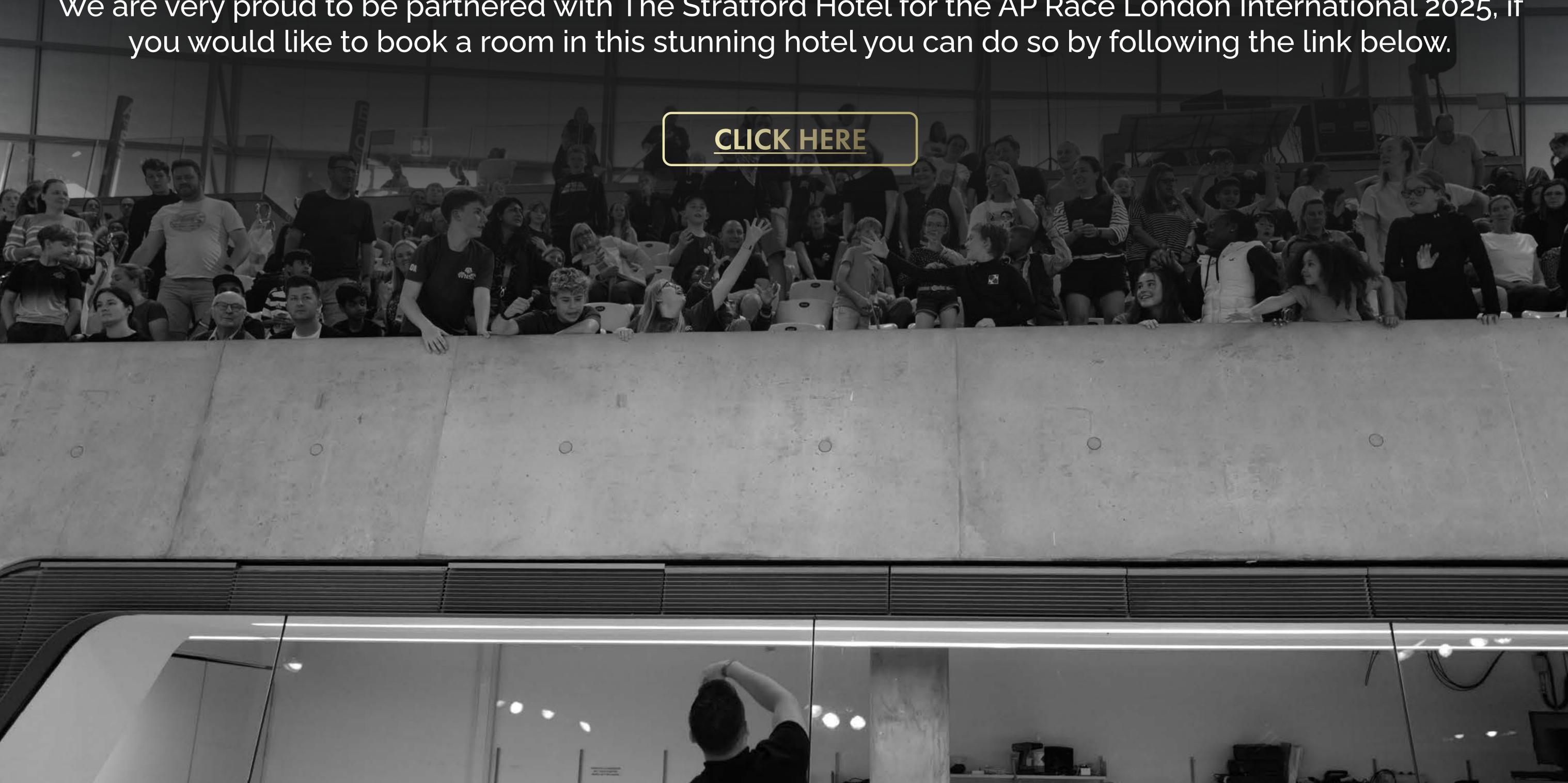
We look forward to welcoming you to Bread Street Kitchen!

REGISTER YOUR INTEREST

If you would like further dining options, Westfield (Stratford City) shopping centre which is located a 5 minute walk from the London Aquatics Centre has over 90 different dining options for all budgets and dietary requirements. To view all shops, restaurants, bars and other amenities, visit:

HOTELS

We are very proud to be partnered with The Stratford Hotel for the AP Race London International 2025, if you would like to book a room in this stunning hotel you can do so by following the link below.





OLYMPIC PARK TRANSPORT ROUTES

In London, public transport is by far the quickest, easiest and cheapest form of travel to get around the city. All London Underground, overground trains and buses operate on a contactless basis and you can use Apple Pay or other contactless devices to tap in and out on every form of transport.

See below an overview of how to get from the main London transport hubs to Stratford.

FROM LONDON HEATHROW

Option 1 (from T2/3 – you can get from any terminal to these if you wish)

- Elizabeth Line directly to Stratford (40-45 mins / £13)
- Very well signposted from all Terminals and airport staff can help to guide you

Option 2 (all terminals)

- LONDON UNDERGROUND: Piccadilly Line Heathrow to Holborn
- LONDON UNDERGROUND: At Holborn, change to Central Line eastbound to Stratford
- Total approx 1h20 / £5

FROM LONDON GATWICK

Depending on time of landing:

Option 1

- Train (Thameslink) from Gatwick Station to London Bridge (28 mins, costs differ)
- Then get Jubilee Line from London Bridge to Stratford (approx 18 mins / £3)

Option 2

- Train (Gatwick Express or Southern) to London Victoria (30 mins, costs differ)
- LONDON UNDERGROUND: Victoria Line on northbound 2 stops to Oxford Circus
- LONDON UNDERGROUND: At Oxford Circus, change to Central Line eastbound to Stratford

FROM LONDON STANSTED

- Trains every 30 mins
- Train (Greater Anglia) London Stansted to Tottenham Hale (38 mins)
- Train (Greater Anglia) change at Tottenham Hale to Stratford (10 mins)

FROM LONDON CITY AIRPORT

- DLR (Docklands Light Railway) to Canning Town (6 mins)
- LONDON UNDERGROUND: Jubilee Line from Canning Town to Stratford (5 mins)

FROM LONDON EUSTON TRAIN STATION

- LONDON UNDERGROUND: Northern Line (southbound to Tottenham Court Road (3 mins)
- Then get Central Line from Tottenham Court Road to Stratford (approx 14 mins / £2-3)

FROM LONDON ST PANCRAS (EUROSTAR)

- Same instructions as Euston
- Or, every 30-60 mins there is a 7 minute direct train from St Pancras to Stratford



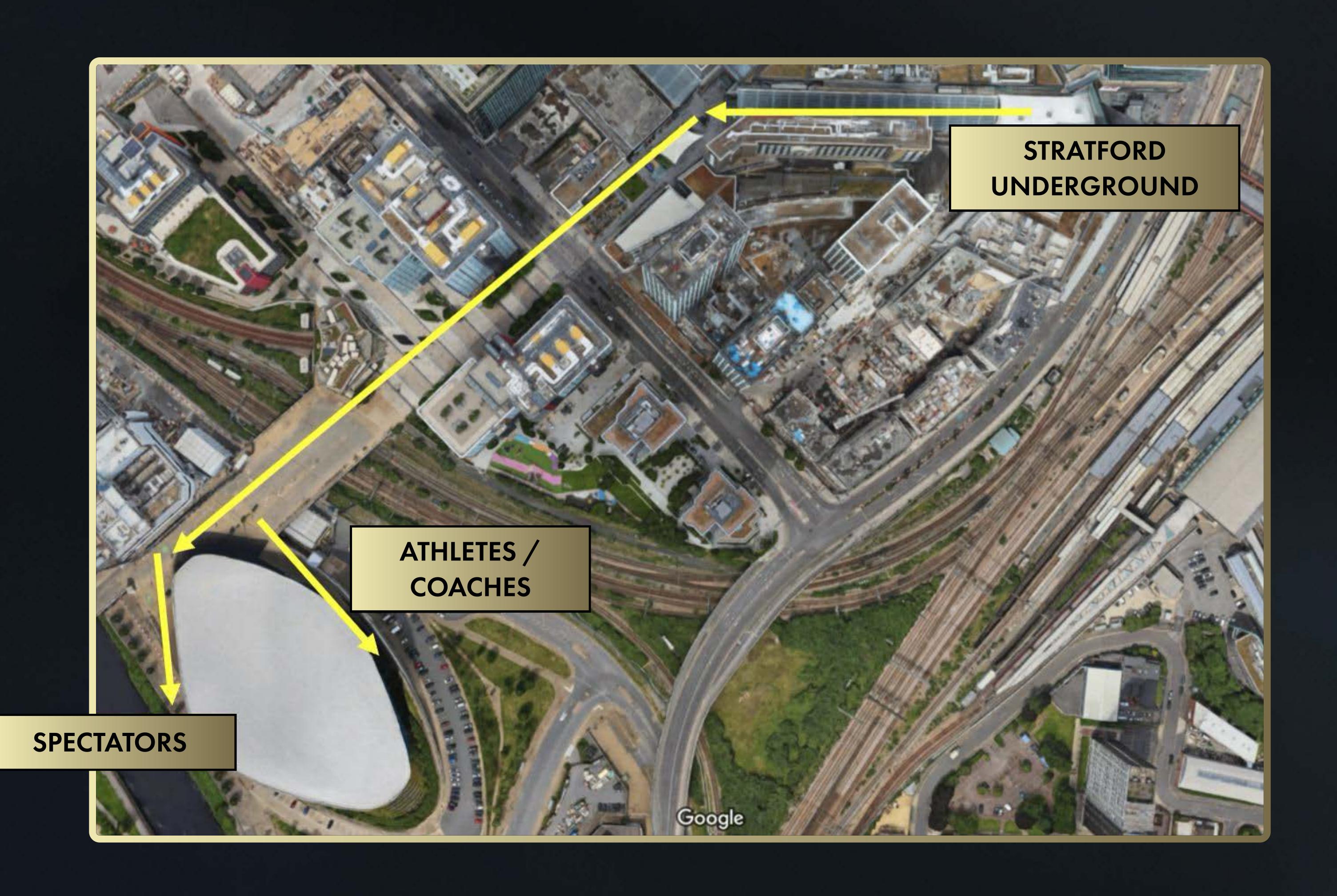
SPECTATOR TRANSPORT ARRIVALS

Stratford Underground Station

7-minute walk from the London Aquatics Centre
 Jubilee Line - links through Canary Wharf (9 minutes) and Central London (19 minutes)
 Central Line - links westbound to Liverpool Street (9 minutes) and Oxford Circus area (19 minutes)
 National Rail services & bus station to local areas

Stratford International Station

5-minute walk from the London Aquatics Centre
• 7 minute highspeed to Euston Station
• DLR (Docklands Light Railway) travels through Canary Wharf to London City Airport (17 minutes)
• Links to other National Rail services





WE WANT TO SEE WHAT YOU'RE UP TO AND HOW YOU'RE JOINING IN THE FUN ACROSS THE WEEKEND – BE SURE TO TAG US IN ALL YOUR SOCIAL POSTS

