



AP RACE
PLYMOUTH LEANDER
SUMMER OPEN
29TH - 30TH JUNE 2024

OPEN/MALE QUALIFYING TIMES

EVENT	9-12 YEARS	13-14 YEARS	15/OVER
	NO FASTER THAN	NO FASTER THAN	NO FASTER THAN
50 FREE	27.00	25.00	23.00
100 FREE	1.01.00	55.00	51.00
200 FREE	2.02.00	1.55.00	1.46.00
400 FREE	x	4.15.00	3.55.00
800 FREE	x	9.00.00	8.20.00
1500 FREE	x	17.30.00	15.30.00
50 BACK	29.00	27.00	25.00
100 BACK	1.04.00	1.00.00	54.00
200 BACK	x	2.10.00	1.58.00
50 BREAST	33.00	30.00	27.00
100 BREAST	1.15.00	1.10.00	1.00.00
200 BREAST	x	2.30.00	2.10.00
50 FLY	30.00	27.00	24.00
100 FLY	1.05.00	59.00	53.00
200 FLY	x	2.15.00	1.58.00
100 IM	1.05.00	1.00.00	55.00
200 IM	2.20.00	2.15.00	2.00.00
400 IM	x	4.30.00	4.15.00

BETTER THAN YESTERDAY



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FEMALE QUALIFYING TIMES

EVENT	8-12 YEARS	13-14 YEARS	15/OVER
	NO FASTER THAN	NO FASTER THAN	NO FASTER THAN
50 FREE	30.00	27.00	25.00
100 FREE	1.04.00	59.00	55.00
200 FREE	2.20.00	2.10.00	1.57.00
400 FREE	x	4.35.00	4.05.00
800 FREE	x	9.30.00	8.50.00
1500 FREE	x	18.40.00	17.10.00
50 BACK	35.00	31.00	27.00
100 BACK	1.10.00	1.05.00	1.00.00
200 BACK	x	2.25.00	2.10.00
50 BREAST	37.00	35.00	31.00
100 BREAST	1.15.00	1.12.00	1.09.00
200 BREAST	x	2.40.00	2.25.00
50 FLY	32.00	29.50	27.00
100 FLY	1.10.00	1.05.00	59.00
200 FLY	x	2.32.00	2.12.00
100 IM	1.13.00	1.08.00	1.03.00
200 IM	2.42.00	2.27.00	2.12.00
400 IM	x	5.15.00	4.35.00

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MIXED RELAYS QUALIFYING TIMES

EVENT

4X50M MIXED MEDLEY RELAY

(OPEN AGE) COMBINED 200M TIME OF:

1:40.00

4X50M MIXED FREE RELAY

1:30.00

BETTER THAN YESTERDAY